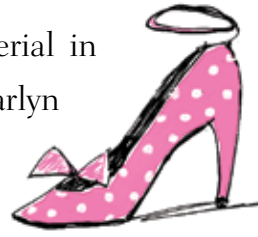


Fashion Rebels

Teaching Curriculum

Goal of Teacher's Guide

This teachers guide offers lesson plans to help teachers incorporate the material in *Fashion Rebels* into their curriculum. These lesson plans are used in author, Carlyn Beccia's presentation. To set up an author visit at your school, contact Carlyn Beccia at 781-334-4408 or info@carlynbeccia.com



About the Author

Carlyn Beccia (*pronounced Betcha*) is an author, illustrator, graphic designer, historian and self-professed shoe addict. Beccia's children's books, including *Who Put the B In the Ballyhoo?*, *Raucous Royals*, and *I Feel Better with a Frog In My Throat*, have won numerous awards including the Golden Kite Honor, the International Reading Association's Children's and Young Adult Book Award, and the Cybil Award. In a starred review *Publishers Weekly* said of Beccia's *Raucous Royals*, "Her stylish mélange of witty illustrations...and interactive text demands reader participation." Beccia teaches digital painting throughout the United States and is author of the best selling, *Digital Painting for the Complete Beginner*. Visit carlynbeccia.com

About the Book

Get to know the women who've wielded the power of fashion and brought about change with this illustrated biography that features twenty-five of history's most influential fashion icons. From Marie Antoinette, who wore a hairstyle as large as her presence, to Coco Chanel, who imagined a world without rib crushing corsets and heavy gowns, to Katharine Hepburn, who walked around the studio in her underwear when studio executives refused to let her wear her then-scandalous jeans, these women were mavericks as well as rebellious icons.

Featuring hairstyle tips, DIY projects, inspiration boards that break down each icon's style, and illustrated timelines that cover the evolution of pants, skirts, the little black dress, and more, *Fashion Rebels: Style Icons Who Changed the World through Fashion* invites readers to treat fashion as an act of fearless creativity.

For more information about the book, visit: www.FashionRebelsBook.com



Lesson Plans

Lesson 1: Make your own Fashion Mood Board

Mood boards (or Inspiration Boards) are a compilation of inspirational items used to communicate the main idea behind a design project. Fashion designers often use mood boards to communicate their ideas and sell their fashion lines.

Assignment: Photocopy and print some of the "style pages" from the book and use them to mix and match onto a fashion mood board. Use pages from fashion magazines to find similar styles. Add in fabric swatches, color swatches, or anything you feel communicates your fashion sense.

Discussion points:

1. How do fashion designers use the inspirations from the past in their current fashion lines?
2. Ask students to explain why they chose the fashions they chose for their mood boards.

Lesson 2: What makes a Fashion Rebel?

Despite often limited choices, many women throughout history have refused to dress like everyone else. The reasons behind their style decisions were as varied as the women wearing them.

Discussion points:

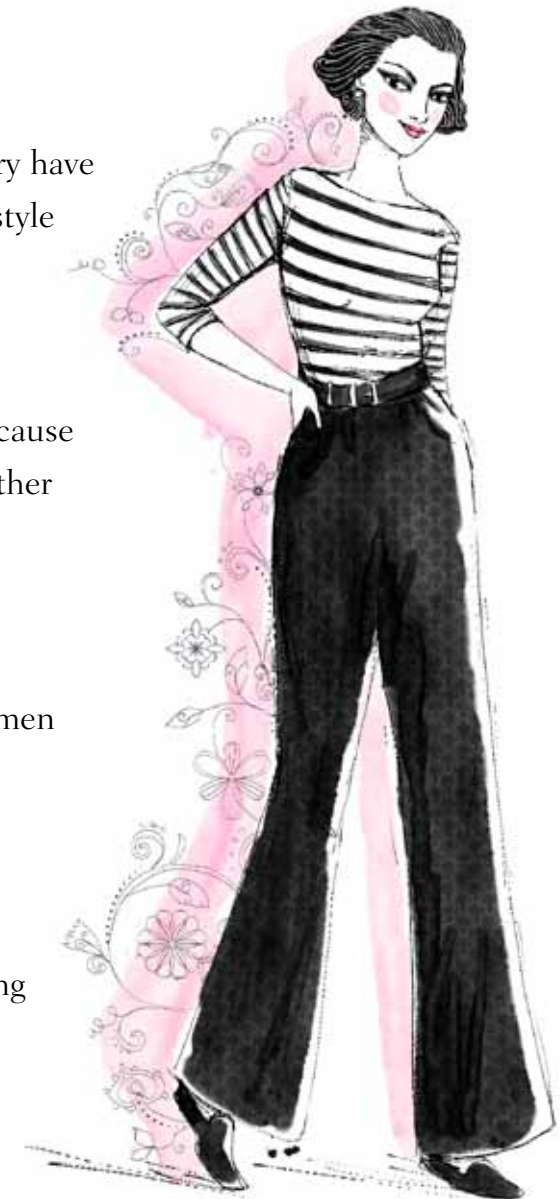
Why did each fashion rebel refuse to conform? Was it for political power? To show pride in their heritage? Or simply because they wanted to express their individuality? Give examples of other woman who refused to conform.

Lesson 3: Who Wore the Pants?

Refer to the timeline in the book illustrating the history of women wearing pants.

Discussion points:

Why was a woman wearing pants so controversial? Fashion rebels to discuss: Joan of Arc, Amelia Bloomer, and Katharine Hepburn. What was the consequences of these women wearing pants and what can that teach us about freedom of choice today?



Activities

Fashion Activities in the Book

Fashion Rebels contains several fashion related activities including;

- How to make a Marie Antoinette Choker
- How to style your hair with Josephine Baker pin curls
- How to make a Frida-style flower crown
- How to do a classic Audrey Hepburn French Twist
- How to rock a tie like Ellen Degeneres
- How to add Lady Gaga glam to your shoes

*Please refer to the book for more activities....

Swap til you Drop...Fashion Swap Party

A fashion swap party is a wonderful way for young fashionistas to freshen up thier closet without spending a dime. Each girls brings 2-3 items of gently used clothing, shoes, or accessories (belts, jewelry, purses, scarves etc.) that they plan to “swap” for another fashion item. It’s important to establish some rules before the event.

- Clothes should be gently worn - no tears, stains, broken zippers etc.
- Clothings should be appropriate for ages 8-15. No underwear or bathing suits.
- Each girl should bring no more than 3 items. Do not bring anything that you don't want to part with!
- All clothing should be put in three different piles depending on what they are worth - low, medium, and high. For example, a hand embroidered silk dress would be valued more than a graphic tee.
- Each person will be given a colored ticket which they will write their name on the back. Yellow tickets are low priced item. Blue tickets are medium priced items. Red tickets are high priced itmes. All the tickets will be placed in a hat. As each ticket is drawn the girl can choose an item from the appropriate pile. At the end of the swap, girls have the option to trade more.
- All unclaimed items will be donated to a local charity.



Have your own Runway Show

Now that you know a thing or two about famous fashion rebels, it is time to pull all that fashion savvy together into your very own Runway Show.

Choose a location. You don't need a swanky Paris location to put on a fabulous show. Use your classroom or auditorium as a runway.

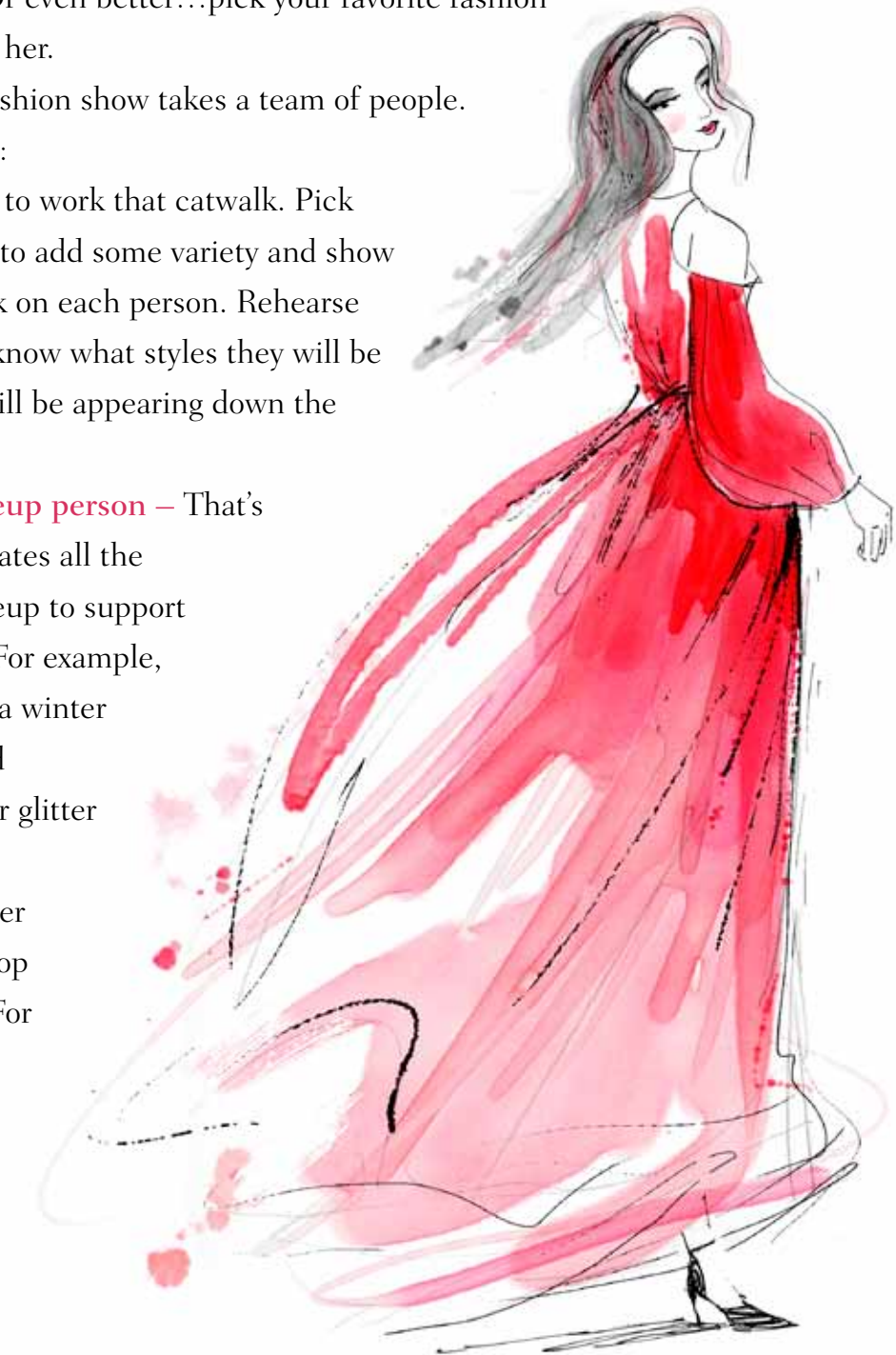
Choose a theme. All good fashion shows set a mood and stick to it. Choose music, lighting, hair and makeup to support one unified theme. Some ideas: Try a Gothic/Vampire theme and dress your models in all black with spiky accessories. Choose a seasonal theme like Winter Wonderland or Summer Vacation. Or even better...pick your favorite fashion icon and dedicate a fashion show to her.

Gather your team. Putting on a fashion show takes a team of people. You will need to select the following:

- **Models** – whoever knows how to work that catwalk. Pick models of different body types to add some variety and show how different outfits could look on each person. Rehearse with your models so that they know what styles they will be wearing and what order they will be appearing down the runway.



- **Hair and Makeup person** – That's the person who creates all the hairstyles and makeup to support the show's theme. For example, if you were to pick a winter theme, the hair and makeup person could add silver glitter to the model's hair.
- **Set Designer** – The set designer will provide the perfect backdrop to make your show a success. For example, for a winter theme, the set designer could drape the runway with a white sheet, make hanging paper





snowflakes, and use tinfoil to sculpt silver decorations to contrast against the white.

- **The Stylist** – This person who chooses the clothing, shoes, accessories, and bags that makes the show unique. Comb through magazines for shopping tips.
- **Photographer** – you put all this effort into your

show, you want to remember it, right? Pick someone to take photos with a phone or digital camera.

Choose your Audience. Now that you have your runway show planned out, you need an audience to appreciate it. Siblings, friends, pets, parents, teachers and any fashion lover will work. Don't forget to provide seating for your audience.



Make your Own Fashion Video

Create a storyboard. A storyboard is a series of illustrations to help you organize the flow and timing of your video. It can be as simple as a few sketched boxes containing illustrations, similar to the way a story is told in a comic book.

Find the right beat. Background music is very important to create the right mood. Match the tempo of your music to the tempo of your video. For example, music notes if your video features fast talking with lots of movement and camera angle changes, try an up-tempo rock song. If your video is soft spoken and simpler with the camera not moving, use a slower tempo ballad to create a relaxing feel.*

Don't forget your backdrop. Pin a flowered sheet to the wall for a romantic feel. For a more casual look, try your backyard, a coffee shop, or even your classroom. If you are wearing something busy with lots of patterns than try some simple card stock for a pop of color.

Tag Your Videos. Your video could be unbelievably fabulous, but no one will know it if they can't find you. Youtube allows users to add

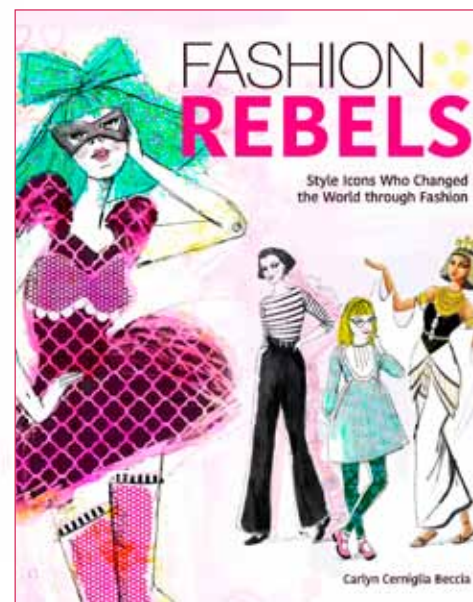


*TIP: To avoid copyright infringement, use YouTube's Audioswap to access a library of licensed songs.

“tags” or keywords that describe your video so that search engines can find the video. Make sure to use tags that are descriptive and clear.

Be unique. Avoid doing all “haul” videos. That's when you buy a bunch of stuff and critique it. It's hard to stand out doing only this kind of video because it has become so common. Instead, accentuate what makes you feel confident snow flake in your video. Maybe you can impart some wisdom on how to play up your wild curly hair or the right dress for your body type. Then give your videos a signature feel by having your own unique intro or sign off. Once you find something that makes you stand out, repeat it so you will be more memorable. For example, Michelle Phan ends all her videos wishing her viewers “Good Luck” followed by a hand drawn heart symbol and signed “Mish.”

Ignore the haters. There are always going to be people who say mean things on YouTube's comment section. Trolls never have the courage to say mean things to your face so they hide out in online forums where they can be as nasty and anonymous as they want.



Fashion Rebels:

Style Icons Who Changed the World through Fashion

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For more information or to book an author visit, contact Carlyn Beccia at 781-334-4408 or Info@CarlynBeccia.com

“From Cleopatra to Britney Griner, Beccia's empowering snapshots show how women from all walks of life can and have used fashion to command; not to be missed.”

-Kirkus Reviews